

IMAGINE

if your body could design its own system of health care, one that would understand the story behind the symptoms and help to address the cause as opposed to the effect.

WHAT IF

there was a way to affect long term patterns of pain, dis-ease, distress, and overwhelm in an instant while opening the door to a whole new possibility of health and wellness.

THINK

about how happy your BodyMind would be if it could receive the support it needed to get on track to health and balance in an entirely non-invasive, empowering, and incredibly effective way?



BodyTalk

Healthcare Designed by Your Body
www.bodytalksystem.com

No need to I M A G I N E

Welcome to BodyTalk Fundamentals

BodyTalk: Healthcare Designed by your Body!

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Whether you are a medical professional already in practice; someone ready to take on a new career; or a student of life, ready to take on a new direction of self-development, BodyTalk Fundamentals will introduce you to the foundations of the BodyTalk System and will open the door to a whole new way to look at health and healing.

BodyTalk Fundamentals is a four day intensive course designed to launch your journey of discovery. The BodyTalk System is a supportive form of healthcare that respects the fact that your body has the ability to heal itself but acknowledges that a lifetime of accumulated trauma, and negative experiences combined with daily stresses, emotions, beliefs and environmental triggers can hinder that natural healing process. BodyTalk helps to remove barriers, restore internal communication, and bring synchronicity to the bodymind through the utilization of some simple but profoundly effective tools. First, you will be taught how to dialogue with the body using an easy to learn method of neuromuscular biofeedback. This allows the practitioner to identify the unique priorities to be addressed in each

session as well as the sequence in which to balance.



BodyTalk Fundamentals will introduce you to the BodyTalk Protocol and Procedures Charts which will become your road map to success. The BodyTalk Protocol Chart incorporates everything from Western Anatomy and Physiology, Chinese medicine concepts, energies (chakras, acupuncture meridians), environment (money, work, relationships, time, activities etc), body chemistry (microbes, toxins, allergies, intolerances), active memory (beliefs, events, fears/phobias), cellular repair (genetic patterning), and balancing procedures for the lymphatic, circulatory, neurological, and musculoskeletal systems. Not only will you be able to quickly identify the area to be addressed, but you will also learn how to reveal the story behind the dysfunctional pattern. You will learn how your own stored emotion as well as emotion in your environment can affect your physiology. You will discover how your beliefs, fears, and phobias, or memories of specific events can keep you stuck in patterns that no longer serve your health and wellness. Once you have gathered all of the information and have determined the interrelationships that need to be balanced, you will be taught how to use the simple, safe, and entirely non-invasive energetic techniques to implement the change.





As a professional in an existing healthcare practice, BodyTalk Fundamentals will give you an edge in your field by providing you with the tools to determine why certain symptoms or patterns continue to persist. If you have ever been overwhelmed by where to start treatment or what approach to use, the BodyTalk System will help you to truly customize your session for your client by allowing you to identify what to balance and how.

If you are interested in embarking on a new career in health care, the BodyTalk System offers you an opportunity to establish an incredibly rewarding practice. The certification process begins by taking the BodyTalk Fundamentals course followed by a step by step process of study, practice sessions, and both a practical and written exam. The requirements can be completed in a timeline that suits your schedule and lifestyle making this an accessible, affordable, and practical way to launch a new career path.

Aside from career options, BodyTalk Fundamentals offers invaluable insights and new perspectives into your personal health, wellness, relationships, and potential. You will leave this course with a whole new appreciation of your bodymind and what it is capable of. Your new expansive outlook will have you looking at life differently and will give you the tools to help yourself, family, and friends overcome obstacles to health and healing while allowing you to become the best version of you!

BodyTalk is WholeHealthcare, addressing the whole person by uncovering the whole story. Take your first step towards WholeHealthcare with BodyTalk Fundamentals.